

LUN., 18 NOV.	MAR., 19 NOV.	MER., 20 NOV.	JEU., 21 NOV.	VEN., 22 NOV.	SAM., 23 NOV.	DIM., 24 NOV.
<p>18:15 - 19:15 Start To Workout (SGT) Fitness Floor Jims Antwerpen</p>	<p>18:00 - 19:00 Zumba® Group Classes Studio Lani Alberto</p>	<p>09:30 - 10:30 BBB Group Classes Studio Lani Alberto</p>	<p>18:30 - 19:30 Men's Strength Training (SGT) Fitness Floor Jims Antwerpen</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Jims Antwerpen</p>		<p>10:30 - 11:30 Yoga Group Classes Studio Nadejda Poleshyk</p>
<p>18:30 - 19:30 Les Mills Bodycombat™ Group Classes Studio Kelly Frighem</p>	<p>19:00 - 20:00 Burn Group Classes Studio Lani Alberto</p>	<p>18:30 - 19:15 Les Mills Bodycombat™ Group Classes Studio Kelly Frighem</p>				
<p>19:30 - 20:30 Les Mills Bodypump™ Group Classes Studio Kelly Frighem</p>	<p>19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Jims Antwerpen</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Antwerpen</p>				
	<p>20:00 - 21:00 COACH BY COLOR® Cycling Group Classes Studio John Caubo</p>	<p>19:15 - 20:00 Core Group Classes Studio Kelly Frighem</p>				
	<p>20:00 - 21:00 Yoga Group Classes Studio LINE HOREMANS</p>	<p>20:00 - 21:00 Pilates Group Classes Studio Nadejda Poleshyk</p>				
	<p>20:15 - 21:15 Yoga Group Classes Studio LINE HOREMANS</p>					

LUN., 25 NOV.	MAR., 26 NOV.	MER., 27 NOV.	JEU., 28 NOV.	VEN., 29 NOV.	SAM., 30 NOV.	DIM., 01 DÉC.
<p>18:00 - 19:00 Start To Workout (SGT) Fitness Floor Jims Antwerpen</p>	<p>18:00 - 19:00 Moving Moms (SGT) Fitness Floor Kelly Frighem</p> <p>19:00 - 20:00 Women's Strength Training (SGT) Fitness Floor Jims Antwerpen</p> <p>20:00 - 21:00 Yoga Group Classes Studio LINE HOREMANS</p>	<p>19:00 - 20:00 Start To Workout (SGT) Fitness Floor Jims Antwerpen</p> <p>20:00 - 21:00 Pilates Group Classes Studio Nadejda Poleshyk</p>	<p>18:30 - 19:30 Men's Strength Training (SGT) Fitness Floor Jims Antwerpen</p>	<p>18:00 - 19:00 Women's Strength Training (SGT) Fitness Floor Jims Antwerpen</p>		<p>10:30 - 11:30 Yoga Group Classes Studio Nadejda Poleshyk</p>